Ginsana®
Bibliographic Index of published studies

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D.O. Kennedy, A.B. Scholey, K.A. Wesnes: Modulation of cognition and mood following administration of single doses of Ginkgo biloba, ginseng, and a ginkgo/ginseng combination to healthy young adults. Physiol Behav 75(5), 739-751 (2002)


Ginseng extract for the potentiation of vaccination against common cold or influenza syndrome.

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P. van Schepdael: The effects of ginseng G115® on physical performance of endurance athletes.

F. Scaglione et al.: Immunomodulatory effects of two extracts of Panax ginseng C.A. Meyer.

Pharm Rundsch 12: 86-86 (1990)

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M.S. Rosenfeld: Evaluation of the efficacy of a standardized ginseng extract in patients with psychophysical asthenia and neurological disorders.

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M. von Ardenne, W. Klemm: Measurements of the increase in the difference between the arterial and venous Hb-O2 saturation obtained with daily administration of 200 mg standardized ginseng extract G115® for four weeks.

J Ethnopharmacol 16 (1), 15-22 (1986)

I. Forgo, G. Schimert: The duration of effect of the standardized ginseng extract G115® in healthy competitive athletes.

A.C. Gianoli, D. Riebenfeld: A double-blind study to assess the tolerability and efficacy of the standardized ginseng extract G 11S with special regard to its effect on the resistance of the organism to external influences.

I. Forgo: Effect of drugs on physical performance and hormone system of sportsmen.
Communication 2.


**Reviews**


